

GARM'S LEADERSHIP TEAM

GLENN C. TERRY, M.D.

Glenn C. Terry, M.D., is a U.S. Board Certified Orthopedic Surgeon and the founder of the GARM Clinic on the Island of Roatán, who brings global recognition from other Orthopedic Surgeons, elite athletes, and patients from all walks of life. Dr. Terry is recognized as one of the pioneers in the orthopedic field of Sports Medicine and is highly respected for his contributions to understanding the examination, the function and innovative surgical repairs of the anatomy of the knee and of the shoulder. Glenn C. Terry, M.D., has participated in, owned, and partnered in multiple medical facilities, all of which have strong reputations for excellence.



Dr. Terry's contributions to the advancement of Sports Medicine and clinical research are fueled by a passion for thorough patient evaluation and proper diagnosis. Treatment protocols are thus designed around individual clinical findings in an effort to improve outcomes for all patients. It is because of this philosophy that Dr. Terry has been able to provide thousands of patients with the best possible chances for positive outcomes.

Fueled by a passion for a deep understanding of the functional anatomy and its repair combined with his dedication to academic research, Glenn C. Terry, M.D. has had a significant academic impact in Orthopedics and Sports Medicine including publications in some of the most respected medical journals. In addition, Dr. Terry's participation in multiple international associations has resulted in a global reputation as a respected Orthopedic Surgeon and Sports Medicine expert.

For almost 30 years of his surgical career, Dr. Terry was one of the elite surgeons at The Hughston Clinic in Columbus, Georgia. In the 1980's, Dr. Terry joined The Hughston Clinic after having completed a Sports Medicine fellowship with Dr. Jack Hughston, widely recognized as one of the fathers of Sports Medicine. Dr. Terry was one of the members of the Sports Medicine program at The Hughston Clinic as well as a founding member of The Hughston Foundation, which offered educational opportunities in various levels of Sports Medicine including Sports Medicine Fellowships for Orthopedic Surgeons. In addition, Glenn C. Terry, M.D., is one of the founding fathers of Jack Hughston Memorial Hospital, established in 2008.

Below is a short list of a select few of Dr. Terry's contributions to Sports Medicine and athlete care:

- Head Physician, U.S. Olympic Committee, Olympic Festival, Los Angeles, CA, 1992
- U.S. Olympic Committee Drug Control, Crew Chief Certification, Colorado Springs, CO, 1992
- U.S. Olympic Committee National Athletic Trainers Association Task Force Meeting, "Adopt a USOC Athlete", 1992
- U.S. Olympic Committee Team Physician, U.S. Olympic Team, Barcelona, Spain, 1992
- USOC Head Physician, Athlete Care, World University Games, Buffalo, NY, 1993
- ACOG Committee for Medical Care, Atlanta Olympics, Head of Athlete Care Manual for all Venues, Atlanta Olympic Games, 1992-1996
- Head Physician, Athlete Care, Atlanta Olympic Trials, Track and Field Venue, Atlanta, GA, June 1996
- Head Physician, Athlete Care, Olympic Stadium, Atlanta, GA, August, 1996
- SEATA-Southeastern Athletic Training Association, Sports Physician of the Year, Atlanta, GA, 1999

Because of his passion for excellence, Dr. Terry decided to funnel his accumulated knowledge, experience, and enthusiasm for continued meaningful contributions into creating highly advanced, less invasive methods of treatment through the proprietary treatment protocols available at the GARM Clinic in Roatán. Dr. Terry's vision has attracted leading physicians and surgeons across multiple disciplines who share in his philosophy.

CURRICULUM VITAE
GLENN C. TERRY, M.D.

LOCATION:

The GARM Clinic, S.A.
Commercial Space #8
Parrot Tree Plantation
Roatan, Islas de las Bahias, HN
info@garmclinic.com

MAILING ADDRESS:

3021 Sandy Parkway, Ste 2-Q
Columbus, GA 31909

ACADEMIC HISTORY:

HIGH SCHOOL

Highland Park High School
Dallas, Texas
09/1959-06/1962

COLLEGE

University of Washington
Seattle, Washington
09/1962-05/1963

Southern Methodist University
Dallas, Texas
08/1963 – 05/1966
Bachelors Degree in Chemistry

MEDICAL SCHOOL

Southwestern Medical School
Dallas, Texas
09/1966-05/1970
Doctor of Medicine (M.D.)

Externship/Pathology
Southwestern Medical School
Doctor Bruce Fallis
08/1969-05/1970

POST GRADUATE TRAINING:

INTERNSHIP

07/1970-06/1971

Internship, General Surgery
Bexar County Hospital,
University of Texas Branch
San Antonio, Texas

ORTHOPAEDIC SURGERY AND SPORTS MEDICINE RESIDENCY

06/1971-07/1975

Orthopaedic Surgery Residency
Bexar County Hospital
University of Texas Branch
San Antonio, Texas

03/1976

Orthopaedic Board Certification
By Examination

FELLOWSHIPS

02/1981-02/1982

Fellow in Orthopaedic Sports Medicine
The Hughston Clinic, PC
Columbus, Georgia

03/1982-06/1982

Four months studying with
Doctors Robert Leach, Bertram Zarins,
Dinesh Patel and John McGinty
Sports Medicine
Boston, Massachusetts

06/1982-9/1982

Four months visiting knee centers in Europe:
Jan Gillquist in Sweden, Rene Marti in
Amsterdam, Werner Mueller, Roland Jakob
and Hardy Weber in Switzerland

MILITARY SERVICE AND SIGNIFICANT EMPLOYMENT

01/1970-12/1976	United States National Guard
06/1970-05/1976	Bexar County Hospital - General Orthopaedics Internship/Residency
06/1976-05/1984	Private Practice - Logan, Utah
02/1981-09/1982	Sabbatical for training Fellowship
06/1984-2011	The Hughston Clinic, P.C. 6262 Veterans Parkway Columbus, Georgia
08/2014-Present	The GARM Clinic, S.A. Commercial Space #8 Parrot Tree Plantation Roatan, HN

POSTGRADUATE TITLES, APPOINTMENTS, AND AWARDS:

1988- Present	Assistant Clinical Professor Department of Orthopaedics Tulane University School of Medicine New Orleans, Louisiana
1989-Present	Adjunct Assistant Professor in Animal Surgery and Medicine Auburn University School of Veterinary Medicine Auburn, Alabama
1984-Present	Volunteer Team Physician Columbus High School Columbus, Georgia
1989-Present	Volunteer Team Physician Ft. Valley State College Ft. Valley, Georgia
1984-Present	Volunteer Physician The Institute of Athletic Health Care and Research, Inc. (Organization that conducts free physicals for area high school athletes)
1989- Present	Volunteer Physician United States Olympic Committee
1989-Present	Crew Chief United States Olympic Committee Drug Control Program
1989	Volunteer and Clinical Staff Physician United States Olympic Training Center Colorado Springs, Colorado

1990	Crew Chief United States Olympic Committee Drug Control Program University of California at Los Angeles Los Angeles, California
1990	Volunteer Staff Physician by Invitation United States Olympic Committee Olympic Festival Minneapolis, Minnesota
1991	Head Physician United States Olympic Committee Olympic Festival Los Angeles, California
1992	United States Olympic Committee Drug Control Crew Chief Seminar Colorado Springs, Colorado
1992	United States Olympic Committee National Athletic Trainers Association Task Force Meeting "Adopt A USOC Athlete"
1992	USOC Team Physician United States Olympic Team Barcelona, Spain Olympics
1993	USOC Head Physician, Athlete care World University Games Buffalo, New York
1992-1996	ACOG Committee for Medical Care Atlanta Olympics Subcommittee Head of Athlete Care Manual 1996 Atlanta Olympic Games

1996

Head Physicians
Athlete Care
1996 Atlanta Olympic Trials
Track and Field Venue
Atlanta, Georgia

1996

Head Physician
Athlete Care
1996 Atlanta Olympic Games
Track and Field Venue
Atlanta, Georgia

1999

SEATA-Southeastern Athletic Training Assoc.
Sports Physician of the Year
Atlanta, Georgia

LICENSURE AND CERTIFICATION SPECIFICS

Georgia	#22896	1980
Alabama	#11795	1984

PROFESSIONAL SOCIETIES:

American Medical Association
Muscogee County Medical Society
The Hughston Society
American Academy of Orthopaedic Surgeons
Arthroscopy Association of North America
International Society of Arthroscopic Knee Surgery and Sports Medicine
United States Olympic Committee Sports Medicine Society
American Orthopaedic Association
International Cellular Medicine Society

BOARD CERTIFICATION:

1976 Certification, American Board of Orthopaedic Surgery

COMMITTEE ASSIGNMENTS

- 1986 Scientific Committee
The Hughston Society
Columbus, Georgia
- 1988 Director: Anatomy/Biomechanics
Third Congress of European Society of
Knee Surgery and Arthroscopy
Free University of Amsterdam
Amsterdam, Holland

FUNDED RESEARCH PROJECTS

Gore-tex Prosthetic Cruciate Ligament

Co-Investigator
W.L. Gore & Assoc., Inc.
Flagstaff, AZ
1984-

Evaluation of Hylan Gel Device in Ankylosis Procedures

Principal Investigator
Biomatrix, Inc.
Ridgefield, NJ
1987-1989

Evaluation of Hylan Gel Device in Peripheral Nerve Procedures

Principal Investigator
Biomatrix, Inc.
Ridgefield, NJ
1987-1989

Richards Prosthetic Anterior Cruciate Ligament

Principal Investigator
Smith & Nephew Richards, Inc.
Memphis, TN
1987-1996

Evaluation of the Use of Hylan Device During and After Frozen Shoulder Surgery

Principal Investigator
Biomatrix, Inc.
Ridgefield, NJ
1988-

Interactive Video Disc
“The Extensor Mechanism of the Knee”
Co-Investigator
1988

Knee Effusion Study
Co-Investigator
W.L. Gore & Assoc., Inc.
Flagstaff, AZ
1989-

A Randomized Trial of Enoxaparin Administered Post Operatively for the
Prevention of Deep Vein Thrombosis Following Elective Hip Replacement
Surgery
Co-Investigator
Rhone-Poulenc Rorer
Horsham, PA
1989-1990

A Double-Blind, Placebo-Controlled Study to Determine the Safety of r-HuEPO
and Whether r-HuEPO Can Reduce Post-operative Transfusion Requirements in
Subjects Undergoing Major Orthopaedic Surgery
Co-Investigator
R.W. Johnson Pharmaceutical Research Institute
1989-1991

A Single-Blind, Randomized, Parallel Group, Standard Treatment Control,
Multicenter Study to Assess the Efficacy and Safety of OCTACOL F15 in Total
Knee Replacement Surgery
Co-Investigator
Omrix Biopharmaceuticals
1997-present

Allograft Meniscal Transplantation in dogs
Co-Investigator
Cryolife, Inc.

ACL Tissue Engineering from Pig SIS
Animal Study
Co-Investigator
De-Puy

Effect of Tensioning Techniques on Biomechanical Behavior of Hamstrings
Mitek Products
June 2000

SPECIALIZED TRAINING

2014 **The Orthobiologic Institute (TOBI) 5th Annual PRP & Regenerative Medicine Symposium with Cadaver Lab**
Las Vegas, NV

Stem cell and biocellular training with Robert W. Alexander, M.D. in Stevensville, Montana.

ARTICLES AND TEXT CHAPTERS

Green D.P., Terry G.C.: Complex Dislocation of the Metacarpophalangeal Joint. Correlative Pathological Anatomy. JBJS 55-A: 1480-6, 1973.

Green D.P., Terry GC, Whittemore AK: Extrication of the Hand from a Meat Grinder. Journal of Trauma. (1): 32-5, January, 1975.

Norwood L.A., Terry G.C.: Shoulder Posterior Subluxation. AJSM 12: 25-30, Jan-Feb 1984.

Hughston J.C., Terry G.C.: Associated Joint Pathology in the Anterior Cruciate Ligament Deficient Knee with Emphasis on a Classification System and Injuries to the Meniscocapsular Ligament - Musculotendinous Unit Complex. Orthopaedic Clinics of North America. 16(1): 29-39, January, 1985.

Matthews L.S., Terry G.C., Vetter W.L.: Shoulder Anatomy for the Arthroscopist. Arthroscopy: The Journal of Arthroscopic and Related Surgery. 1(2): 83-91, 1985.

Norwood L.A., Matiko J.A., Terry G.C.: Posterior Shoulder Approach. Clinical Orthopaedics. 201: 167-172, December 1985.

Terry G.C, Hughston J.C., Norwood L.A.: The Anatomy of the Iliopatellar Band and Iliotibial Tract. American Journal of Sports Medicine. 14: 39-45, Jan-Feb 1986.

Montgomery R.D., Milton J.L., Terry G.C., McLeod W.D., and Madsen N.: Comparison of Over-the-Top and Tunnel Techniques for Anterior Cruciate Ligament Replacement. Clinical Orthopaedics. 232: 38-47, June 1988.

Terry G.C., Flandry F.C., Van Maren J.W. and Norwood L.A.: Isolated Chondral Fractures of the Knee. Clinical Orthopaedics. 234: 166-173, September 1988.

Terry G.C.: Office Evaluation and Management of the Symptomatic Knee. Orthopaedic Clinics of North America. 19(4): 699-713, October 1988.

Terry G.C.: Anatomy of the Extensor Mechanism. Clinics and Sports Medicine. Volume 8(2): 163-177, April 1989.

Terry G.C., Hammon D., France P., Norwood L.A.: The Stabilizing Function of Passive Shoulder Restraints. *American Journal of Sports Medicine*. 19(1): 26-34, 1991.

Flandry F., Hunt J.P., Terry G.C., Hughston J.C.: Analysis of Subjective Knee Complaints Using Visual Analog Scales. *American Journal of Sports Medicine*. 19(2): 112-118, 1991.

Flandry F.C., Terry G.C., Montgomery R.D.: Accuracy of Clinical Isometry and Preload Testing During ACL Reconstruction. *Clinical Orthopaedics*. 279: 214-222, June, 1992.

Terry G.C., Cimino P.M.: Distal Femoral Osteotomy for Valgus Deformity of the Knee. *Orthopaedics*. 15(11): 1283-1290, November, 1992.

Terry G.C.: Philosophical Issues of Knee Documentation. *Knee Surgery: Current Practice*. Aichroth/Cannon (eds.) London; Martin Dunitz Ltd 1992, pp 756-758.

Terry G.C.: Results of Animal Research Using Anterior Cruciate Ligament and Medial Meniscal Allografts. *Sports Medicine and Arthroscopy Review*, 1: 17-30, 1993.

Terry G.C., Skalley T.C.: The Quantitative Measurement of Normal Passive Medial and Lateral Patellar Motion Limits. *The American Journal of Sports Medicine*, 21(5): 728-732, 1993

Terry G.C., Norwood L.A., Hughston J.C., Caldwell, K.M.: How Iliotibial Tract Injuries of the Knee Combine with Acute Anterior Cruciate Ligament Tears to Influence Abnormal Anterior Tibial Displacement. *The American Journal of Sports Medicine*. 21(1): 55-60, Jan-Feb, 1993.

Terry G.C.: Arthroscopic Technology: Lookingis Still No Substitute for Thinking. [GuestEditorial], *Orthopaedics*, 19(9): 945, September, 1993.

Terry G.C., Friedman S.J., and Uhl, T.L: Arthroscopically Treated Tears of the Glenoid Labrum. *The American Journal of Sports Medicine*. Vol 22, 4: 504-512, 1994.

Terry G.C.: ACL Reconstruction. [Editor-in-chief] *Sports Medicine Arthroscopy Review*. December 1996, March 1997, June 1997.

Hughston J.C., Flandry, F.C., Brinker M.R., Terry G.C., Mills III J.C.: Surgical Correction of Medial Subluxation of the Patella. *AJSM* 24:486-491, 1996.

Terry G.C., LaPrade R.F.: The Biceps Femoris Muscle Complex at the Knee. Its Anatomy and Injury Patterns Associated with Acute Anterolateral-Anteromedial Rotatory Instability. *AJSM* 24:2-8, 1996.

Terry G.C., LaPrade R.F.: The Posterolateral Aspect of the Knee. *AJSM* 24:732-739, 1996.

Terry G.C., Merson J.K., Tagert B.E.: Distal Femoral Osteotomy: Medial Versus Lateral Approach. *Seminars in Arthroplasty* 7:184-191, 1996.

Terry G.C., Van Steyn S.J.: Instability of the Shoulder and Elbow. *Current Opinion in Orthopaedics* 7:54-60, 1996.

Terry G.C., LaPrade R.: Injuries to the Posterolateral Aspect of the Knee: Association of Anatomic Injury Patterns with Clinical Instability. *AJSM* 25:433-438, 1997.

Terry G.C., Janssen E.W.: ACL Reconstruction with Patellar-Tendon Graft. *Sports Med Arthroscopy Rev* 5(2):136-140, 1997.

Hughston J.C., Flandry F.C., Brinker M.R., Terry G.C., Mills III J.C.: Surgical Correction of Medial Subluxation of the Patella. *AJSM* 24:486-491, 1996.

Terry G.C., LaPrade R.: The Biceps Femoris Muscle Complex at the Knee. Its Anatomy and Injury Patterns Associated with Acute Anterolateral-Anteromedial Rotatory Instability. *AJSM* 24:2-8, 1996.

Terry G.C., LaPrade R.: The Posterolateral Aspect of the Knee. *AJSM* 24:732-739, 1996.

Terry G.C., Merson J.K., Tagert B.E.: Distal Femoral Osteotomy: Medial vs. Lateral Approach. *Seminars in Arthroplasty* 7:184-191, 1996.

Terry, G.C., Janssen E.W.: ACL Reconstruction with Patellar Tendon Graft. *Sports Medicine and Arthroscopy Review* 5(2):136-140, 1997.

LaPrade, R.F., Terry, G.C.: Injuries to the posterolateral aspect of the knee. *American Journal of Sports Medicine* 25 (4): 433-438, July-Aug 1997.

LaPrade, R.F., Terry, G.C.: et al: The effects of aggressive notchplasty on the normal knee in dogs. *American Journal of Sports Medicine* 26(2):193-200, Mar-Apr, 1998.

Terry, G.C., Zeigler, T.E.: Treatment of Medial Ligament Injuries of the Knee. *Op Tech Orthop* 1999; 9(4): 318-323.

Terry, Glenn C.; Sudden Cardiac Arrest in Athletic Medicine. *Medical Association of Georgia Journal*, 25 - 28 June 2000

Terry, G. C., Chopp, T.M.; Functional Anatomy of the Shoulder. *Journal of Athletic Training* 35 (3): 248-255. July – September 2000

Terry, G. C., Patton W.C.; Radiographic Views and Imaging of the Shoulder, *Sports Medicine and Arthroscopy Review* 8 (2): 203-206 2000

Terry, GC; Jones, GL; Chapter 13: Complications and Pitfalls in Extraarticular Knee Surgery In: Malek, M Knee Surgery: Complications, Pitfalls and Salvage. New York: Springer-Verlag, 2000 Pgs. 129-137

Terry, G. C; Chapter 33 Anterior Cruciate Ligament Reconstruction with Patellar Tendon Graft. In: Insall, JN; Scott, W.N. (eds). *SURGERY OF THE KNEE*. 3rd ed. New York: Churchill Livingstone, Pp 657-664 2001

Terry, G.C., Gaunt ;; Activity Levels as a Guide for Shoulder Girdle Exercise Progression. *Sports Medicine and Arthroscopy Review*. 9 (1) 61 –68 January – March 2001

Kelly, L., Terry G.C.; Team Handball: Shoulder Injuries, Rehabilitation, and Training. *Sports Medicine and Arthroscopy Review*. 9 (2): 115 – 123 April / June 2001

Terry, G. C, Kyle J.M. ,Ellis J.M., Cantwell J., Courson R., Medlin R; Sudden Cardiac Arrest in Athletic Medicine. *Journal of Athletic Training* 36 (2): 205 – 209 June 2001

Kelly, L, Terry GC.; Team Handball: Shoulder Injuries, Rehabilitation, and Training. *Sports Medicine and Arthroscopy Review* 9 (2) 115 – 123 April/June 2001

Terry, GC; Gaunt B; Activity Levels as a Guide for Shoulder Girdle Exercise Progression. *Sports Medicine and Arthroscopy Review*. 9 (1): 61 – 68 January-March 2001

Terry, GC, Zeigler, T; Cubital Tunnel Syndrome. In: Baker CL (ed). *Operative Treatment of Elbow Injuries*. New York: Springer-Verlag, 2001 Pp 131-139

Terry, GC, Parks, AL; Outcome Measurement in the Treatment of Extensor Mechanism Difficulties of the Knee Clinics in *Sports Medicine* 2002 435-459

Terry, GC, Miskovsky, SN, Kelly, RL: The Role of Thermal Energy in Shoulder Instability Surgery. *Sports Medicine and Arthroscopy Review*. 2005; 13 (4): 225-231.

PRESENTATIONS, PAPERS AND LECTURES

- 1974 **MEDICAL STAFF OF LOGAN REGIONAL HOSPITAL**
Logan, Utah
“Injuries to the Cervical Spine”
“Injuries to the Knee”
- 1981 **AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS**
Snowbird, Utah
“Signs and Symptoms of Anterolateral Rotatory Instability”
- 1982 **WESTERN ORTHOPAEDIC SOCIETY ANNUAL MEETING**
Irvine, California
“An Overview of Knee Surgery and An Overview of Shoulder Surgery”
- 1983 **WESTERN ORTHOPAEDIC CONVENTION**
Salt Lake City, Utah
“Anatomy of the Iliotibial Tract”
- 1984 **AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS**
Atlanta, Georgia
“Complete Rotator Cuff Repair Using Dacron Ligament Prosthesis”
- UNIVERSITY OF UTAH**
Salt Lake City, Utah
“Arthroscopic Surgery”
- ARTHROSCOPY ASSOCIATION OF NORTH AMERICA**
(with Doctor Les Matthews)
“Arthroscopic Anatomy of the Shoulder”
- AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS**
Callaway Gardens, Georgia
“Patellar Fractures and Lateral Anatomy”
- UTAH STATE PHYSICAL THERAPY ASSOCIATION**
“Rehabilitation of the Knee”
- THE MEDICAL CENTER**
Columbus, Georgia
“External Fixation”
“The Hip Compression Screw”
“Introduction and Rationale for the Use of ASIF Fixation”
- GAIS-SEAIS CONVENTION**
Macon, Georgia
“Sports Medicine: A Combined Responsibility”

1985

ASSESSMENT AND REHABILITATION OF THE INJURED PERSON SEMINAR

Columbus, Georgia

“Knee Injuries with Emphasis on Rehabilitation”

10TH ANNUAL DOGWOOD CONFERENCE

Atlanta, Georgia

“Surgical Anatomy of the Upper Extremity”

“Pathologic Problems of the Upper Extremity”

**AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS
*CHRONIC INJURIES OF THE KNEE***

Kiawah Island, South Carolina

“Diagnosis of Posterior Cruciate Ligament Instability”

“Functional Anatomy of the Lateral Compartment of the Knee”

SPECIALISTS SPORTS MEDICINE CLINIC

Rome Hospital - Rome, New York

“Ankle Injuries”

COACHES AND TRAINERS SPORTS MEDICINE CLINIC

Rome Hospital - Rome, New York

“Keep ‘em Playing Coach”

SPORTS MEDICINE CLINIC

Rome Hospital - Rome, New York

“Sports Medicine: Our Shared Responsibility”

1985

ALAMO ORTHOPAEDIC SOCIETY MEETING

Maui, Hawaii

“Anatomy of the Lateral Side of the Knee with Clinical Significance of the Iliotibial Tract”

“Anterior Cruciate Deficient Knee Defined in Terms of an Existing Classification System”

**AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS
*ANTERIOR CRUCIATE COURSE UPDATE***

San Antonio, Texas

“Biomechanics of the Extensor Mechanism”

AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS

52nd Annual Meeting

Las Vegas, Nevada

“Surgical Approaches to the Shoulder -Anterior and Posterior”

AMERICAN ORTHOPAEDIC SOCIETY FOR SPORTS MEDICINE

11th Annual Meeting

“The Anatomy and Clinical Importance of the Iliotibial Tract”

1986

**WEST POINT PEPPERELL OCCUPATIONAL HEALTH NURSES
CONFERENCE**

Columbus, Georgia

“Physiologic Joint and Injury Correlation”

**22ND ANNUAL ORTHOPAEDIC AND REHABILITATION
SEMINAR**

Des Moines, Iowa

“The Shoulder: Glenohumeral Ligaments and Throwing Sports”

**AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS
SPORTS MEDICINE/1986**

Columbus, Georgia

“Common Throwing Lesions: Pathophysiology and Diagnosis”

**FIRST CONGRESS ON SPORTS INJURIES FOR THE PRIMARY
CARE PHYSICIAN**

Hilton Head, South Carolina

“What to do with an Acute Knee Injury”

“Shoulder Pain”

**UNIVERSITY OF TEXAS MEDICAL SCHOOL
DIVISION OF ORTHOPAEDIC SURGERY**

Houston, Texas

“Arthroscopy of the Shoulder: Anatomy and Surgical Techniques”

**SOUTHEAST ATHLETIC TRAINERS ASSOCIATION
SUMMER MEETING**

Columbus, Georgia

“Classification of Ligament Instabilities”

**AMERICAN ORTHOPAEDIC SOCIETY FOR SPORTS MEDICINE
ANNUAL MEETING**

Sun Valley, Idaho

Instructional Course Lecture: “Classification of Knee Instabilities”

“Functional Anatomy of the Glenohumeral Ligaments”

INTERNATIONAL FEDERATION OF FOREIGN MEDICINE

Guayaquil, Ecuador

“Surgical Repair of Rotatory Instability”

“Functional Anatomy of the Knee Tibiofemoral Joint”

“Anatomy and Biomechanics of the Anterior Cruciate Ligament”

“Classification of Rotatory Instability”

“Anterolateral Rotatory Instability”

“Posterolateral Rotatory Instability”

“Anatomy and Function of the Medial Meniscus”

“Use of Prosthetic Ligaments for Rotatory Instability”

“Rehabilitation of Extensor Mechanism Problems”

**INTERNATIONAL ARTHROSCOPY CENTER ARTHROSCOPY
OF THE SHOULDER, ELBOW AND ANKLE**

New York, New York

“Arthroscopic Lesions in the Throwing Shoulder: A Study of
Etiology”

“Understanding the Indications for Arthroscopic Treatment of the
Throwing Elbow”

EUROPEAN CONGRESS ON BIOMATERIALS

Bologna, Italy

“Biological and Clinical Aspects of the Implant of the Ligament of
the Knee”

AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS

New Orleans, Louisiana

“Functional Anatomy of the Iliotibial Tract and Iliopatellar Band”

**WEST POINT PEPPERELL OCCUPATIONAL HEALTH NURSES
CONFERENCE**

Columbus, Georgia

“Knee and Shoulder Arthroscopy”

**22nd ANNUAL ORTHOPAEDIC AND REHABILITATION
SEMINAR**

Des Moines, Iowa

“The Anterior Cruciate Ligament Deficient Knee-Defined in an
Existing Classification System”

1987

ORTHOPAEDIC RESEARCH SOCIETY

San Francisco, California

“Strain Gauge Analysis of the Glenohumeral Ligaments”

**5TH CONGRESS ON THE INTERNATIONAL SOCIETY OF THE
KNEE**

Sydney, Australia

“A Philosophy of Anterior Cruciate Ligaments and Prostheses”

**AMERICAN ORTHOPAEDIC SOCIETY FOR SPORTS MEDICINE
13TH ANNUAL MEETING**

Orlando, Florida

Instructional Course Lecture: “Classification of Knee Instability”

“Patellofemoral Disorders in Athletes: Anatomy and Etiology”

1988

**UNIVERSITY OF UTAH DIVISION OF ORTHOPAEDIC SURGERY
GRAND ROUNDS**

Salt Lake City, Utah

“Functional Anatomy and Clinical Importance of the Static
Restraints of the Scapulohumeral Joint”

**ORTHOPAEDIC RESEARCH SOCIETY
34TH ANNUAL MEETING**

Atlanta, Georgia

“Interactive Video Disc on the Extensor Mechanism”

“Presentation on Distal Varus Femoral Osteotomies”

BRAZILIAN KNEE SOCIETY CONGRESS

Rio de Janeiro, Brazil

“Surgical Significance of the Anatomy of the Lateral Compartment of the Knee”

Symposium: “Osteotomies About the Knee”

Symposium: “Anteromedial Instability”

“Acute Tears of the Anterior Cruciate Ligament”

“Treatment of the Osteoarthritis of the Knee by Femoral and Tibial Osteotomies”

“Osteotomy and/or in the Chronic Tears of the Anterior Cruciate Ligament”

“Degenerative Injuries of the Femur in Athletes”

“Arthroscopy in Acute Post-traumatic Hemarthrosis of the Knee”

“Surgical Treatment of Chronic Instabilities”

“The Hughston Experience with the Gore-Tex Artificial Ligaments in Reconstruction of the Anterior Cruciate Ligament”

“Anatomy and Clinical Significance of the Lateral Side of the Knee”

**PHILOSOPHY OF THE KNEE
NATIONAL POST GRADUATE COURSE**

Pine Mountain, Georgia

“Biomechanics, Physiology and Artificial Ligaments: Where Are We?”

“Lateral Compartment Gonarthrosis: Results of Femoral Osteotomies”

**THIRD CONGRESS OF EUROPEAN SOCIETY OF KNEE
SURGERY AND ARTHROSCOPY**

Amsterdam, Holland

“Functional Anatomy of the Lateral Side of the Knee”

“Dissection of Lateral Anatomy of the Knee”

“Anatomical Causes of Anterior Knee Pain”

“General Concepts: Prosthetic Anterior Cruciate Ligament Substitution”

**AMERICAN ORTHOPAEDIC SOCIETY FOR SPORTS MEDICINE
14TH ANNUAL MEETING**

Palm Desert, California

“ACL: Extraarticular Reconstruction”

**AMERICAN ORTHOPEDIC SOCIETY FOR SPORTS MEDICINE
14th Annual Meeting**

Palm Desert, California

“ACL: Extraarticular Reconstruction”

1989

ALAMO ORTHOPAEDIC SOCIETY ANNUAL MEETING

U.S. Virgin Islands

“Tibial and Femoral Osteotomies”

**UNIVERSITY OF SOUTHERN CALIFORNIA HOSPITAL
DIVISION OF ORTHOPAEDICS**

Los Angeles, California

“Systematic Approach to Knee Arthroscopy and Pathology”

**WESTERN ORTHOPAEDIC ASSOCIATION
LOS ANGELES CHAPTER**

Ojai, California

“Missed Diagnosis in Arthroscopy Patients”

“Clinical Importance of Lateral Anatomy of the Knee”

“Status of Iliotibial Tract Extraarticular Repair/Reconstruction”

“Basic Science to Understand Pathologic Conditions in the
Throwing Shoulder”

“Orthopaedic Education: A New Frontier”

**AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS
ADVANCED ARTHROSCOPY
A SURGICAL SKILLS COURSE**

Richmond, Virginia

“Shoulder Anatomy”

AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS

The Athlete's Knee

Chicago, Illinois

“Combination Instabilities and Around-the World Injuries”

**AMERICAN ORTHOPAEDIC SOCIETY FOR SPORTS MEDICINE
15TH ANNUAL MEETING**

Traverse City, Michigan

Instructional Course Lecture: “Extraarticular Repair”

Scientific Session: “Gore-Tex Prosthetic Ligament Replacement:
A Report on 112 Patients”

AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS

56th Annual Meeting

Las Vegas, Nevada

“Functional and Surgical Anatomy of the Extensor Mechanism”

AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS

ACL and PCL Injuries of the Knee

“Anatomy of the Anterior and Posterior Cruciate Ligaments”

“Other Prosthetic Ligaments for Cruciate Ligament Reconstruction”

- 1990 **PHILOSOPHY OF THE KNEE**
NATIONAL POST GRADUATE COURSE
Pine Mountain, Georgia
“The Results of High Tibial Osteotomy”
“Classification of Knee Ligament Instabilities”
“Gore-Tex Anterior Cruciate Surgery”
- 1991 **AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS**
THE ANTERIOR CRUCIATE DEFICIENT KNEE: CURRENT
CONCEPTS
New Orleans, Louisiana
“Primary Repairs of the ACL: Do They Work?”
“Allografts: Biological Behavior”
- AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS**
SUMMER INSTITUTE
Washington, D.C.
“Arthroscopic Reconstruction of the ACL: Bone-Patellar Tendon-
Bone Techniques”
“Principles of Rehabilitation after ACL Reconstruction”
- UNIVERSITY OF ALABAMA SPORTS MEDICINE BUREAU**
IN-SERVICE PROGRAM
Tuscaloosa, Alabama
“The Importance of Classification of Knee Instability”
- AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS**
The Anterior Cruciate Deficient Knee: Current Concepts
New Orleans, Louisiana
“Arthroscopically Assisted ACL Reconstruction”
- 1992 **AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS**
ARTHROSCOPICALLY ASSISTED ACL RECONSTRUCTION
San Antonio, Texas
“Clinical Examination of the ACL Deficient Knee”
- AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS**
Anterior and Posterior Cruciate Ligament Injuries of the Knee
San Francisco, California
“The Management of the Dislocated Knee”
Faculty Demonstration: “Anatomy of the Knee”
“Current Status on Synthetic Materials”
- AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS**
SUMMER INSTITUTE
Seattle, Washington
“Anterior Cruciate Reconstruction Using Autogenous Central Third
Patellar Tendon”
“Principles of Rehabilitation after ACL Reconstruction”

Faculty Demonstration: "Arthroscopic Reconstruction for ACL: Patellar Tendon"

INTERNATIONAL KNEE CONGRESS

Basic and Advanced Course on Applied Anatomy and Biomechanics for Ligament Surgery, Arthroscopy, Osteotomies and Prosthetic Joint Replacement

Basil, Switzerland

Demonstration: "Anterior and Posterior Cruciate Ligament Reconstruction"

"Anatomy and Stability of the Lateral Compartment"

1993

AMERICAN ORTHOPAEDIC SOCIETY FOR SPORTS MEDICINE: ADVANCED CONCEPTS OF THE ANTERIOR CRUCIATE LIGAMENT

Tucson, Arizona

"Techniques of ACL Repair-Augmentation Endoscopic"

COMBINED CONGRESS OF THE INTERNATIONAL ARTHROSCOPY ASSOCIATION AND THE INTERNATIONAL SOCIETY OF THE KNEE

Copenhagen, Denmark

"Diagnostic Mimics in Internal Derangement of the Knee"

AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS SUMMER INSTITUTE

Cruciate Ligaments & Meniscus

New York, New York

"Arthroscopic Reconstruction of the ACL Patellar Tendon"

BRAZILIAN ORTHOPAEDIC SOCIETY SPORTS MEDICINE CONFERENCE '93

Brazil

"Shoulder Anatomy"

"Diagnosis of Instability in the Throwing Athlete"

"Documentation of Knee Injuries"

"Diagnosis and Treatment of Posterolateral Instability with and without Cruciate Tears"

"Indications and Technique for Open Reconstruction of the Extensor Mechanism"

1994

AMERICAN ORTHOPAEDIC SOCIETY FOR SPORTS MEDICINE 20TH ANNUAL MEETING

Palm Desert, California

"Injury Patterns and Their Correlation to Clinical Instability in Posterolateral Knee Injuries"

"Anatomy of the Biceps Femoris at the Knee and Biceps Femoris - Injury Patterns"

MAINE ORTHOPAEDIC REVIEW COURSE

Augusta, Maine

“Anatomy - The Knee”

“Acromioclavicular Joint Injuries”

“Impingement and Rotator Cuff Lesions”

“Clavicle Fractures”

“Glenohumeral Instability”

**AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS
THE ATHLETE’S KNEE**

Vancouver, British Columbia

“Functional Anatomy”

“Endoscopic Technic, Bone-Patellar Tendon-Bone Reconstruction”

“Treatment of the Acute PCL Injury: Isolated and/or Combined”

**AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS
SUMMER INSTITUTE**

Monterey, California

“Arthroscopic Reconstruction of the ACL:Patellar Tendon Graft”

“Principles of Rehabilitation After ACL Reconstruction”

1995

AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS

Orlando, Florida

“Technique of Endoscopic Single Incision Patellar Tendon Graft
Anterior Cruciate Ligament Reconstruction”

SPORTS MEDICINE 2000

Stockholm, Sweden

“Anatomy of the Posterolateral Corner of the Knee”

1996

**2ND BASEL INTERNATIONAL KNEE CONGRESS AND
INSTRUCTIONAL COURSE**

Basel, Switzerland

“Anatomy of the Lateral Side of the Knee”

“Complications in ACL Surgery”

“Femoral Osteotomies”

JOYNER SPORTSMEDICINE MEETING

Hilton Head, South Carolina

“Management of Common Pathologies of the Foot
and Ankle”

**EUROPEAN SOCIETY OF KNEE SURGERY AND
ARTHROSCOPY (ESSKA)**

Fribourg, Switzerland

“ACL Outcomes with Measured Pre-Load”

SYDNEY HOSPITALLERS

Sydney, Australia

"The Role of Orthopaedics in the 1996 Olympic Games"

"Posterolateral Rotatory Instability of the Knee"

1997

AOSSM COMPREHENSIVE KNEE SURGERY FOR SPORTS TRAUMA: TECHNIQUES THE WELL ARMED SURGEON SHOULD KNOW

Lake Buena Vista, Florida

"AMRI: O'Donoghue Medial Capsular Reefing"

"Biceps Femoris Anatomy"

Moderator - Meniscus Repair/Transplant Complex Instabilities

AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS

23rd Annual Meeting

San Francisco, California

"Complications of ACL Reconstruction"

"Overview of the Issues Confronting the Surgeon Attempting Reconstruction of the ACL"

"Anatomy of the Biceps and Posterolateral Corner"

Lecture Demonstration - *Primary ACL Reconstruction*

Instructional Course Lecture - *PLI and the Reverse Pivot*

INTERNATIONAL SOCIETY OF ARTHROSCOPY, KNEE SURGERY, AND ORTHOPAEDIC SPORTS MEDICINE (ISAKOS)

Buenos Aires - Argentina

Instructional Course Lecture - *PLI of the Knee*

AUSTRALIAN ORTHOPAEDIC ASSOCIATION 57TH ANNUAL SCIENTIFIC MEETING

Canberra, Australia

"Complications of ACL Reconstruction"

"Arthroscopic PCL Reconstruction"

"Arthroscopic Surgery for the Degenerative Knee"

"Use of Laser in Arthroscopic Surgery"

"Laser Capsulorrhaphy"

AUSTRALIAN ORTHOPAEDIC ASSOCIATION 57TH ANNUAL SCIENTIFIC MEETING (cont'd)

"Surgical Reproducibility of Pre-op Planning and Intraoperative Adjustment for High Tibial Osteotomies"

"Fem Osteotomy for Degenerative Lat Compartment of the Knee"

"Clarifying Concepts of ACL Reconstruction"

"Shoulder Arthroscopy - The Range of Repair Options"

"Posterolateral Complex"

2 hour Workshop - BTB Repair, Hamstring Repair, and Posterior Cruciate Repair

1998

SPORTS MEDICINE CURRENT CONCEPTS: Shoulder and Knee

Snowmass, Colorado

"Diagnosis and Treatment of Labral Tears of the Shoulder"

"PLI: Diagnosis and Treatment"

1998 CONGRESS ON WINTER AND MOUNTAIN SPORTS

Crested Butte, Colorado

"Articular Cartilage"

"Capsular Shrinkage"

"Revision ACL Surgery"

TOKYO KNEE SOCIETY (by invitation)

Tokyo, Japan

"The Spectrum of Injury Associated with PLI of the Knee"

8TH ANNUAL SEC SPORTS SYMPOSIUM

Atlanta, Georgia

"Olympic Track and Field Experiences"

1999

AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS

"Reverse Pivot Shift Anatomy and Treatment of Acute PLI"

24TH Annual Meeting

THE HUGHSTON SOCIETY

"Acute ACL Treatment"

"Knee Anatomy: Lateral Side"

Columbus, Georgia

International Society of Arthroscopic Knee Surgery and Sports Medicine

"Tibial Osteotomy Outcome"

Washington, D.C.

THE SHOULDER SYMPOSIUM

"Rotator Cuff"

"Common Sense Approach to Rehab of the Shoulder"

"Radiographic Evaluation of the Shoulder"

"Shoulder Impingement Treatment"

Southern Orthopaedic Association and

The Hughston Shoulder Service

June 11 - 12.

2000

AAOS-AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS

"PLI and Reverse Pivot Shift"

"Anatomy and Treatment of Acute PLI"

SEATA-SOUTHEASTERN ATHLETIC TRAINERS ASSOCIATION

"Sudden Cardiac Arrest in Athletes"

April 1 - 2

Atlanta, GA

25th Anniversary Meeting

WORLD CONGRESS

"Classification of Shoulder Instability"

"Treatment outcome for Acute ACL and PLR"

April 4th - 16th

Australia

THE SHOULDER SYMPOSIUM

"Shoulder and Elbow Examination"

"Common Sense Approach to Post Operative Shoulder Rehabilitation"

"Shoulder and Elbow Examination"

"Clinical Evaluation and Imaging"

The Hughston Service

The Hughston Foundation

April 28 - 30

Columbus, GA

Herodicus

"Alvis View for Shoulder Impingement"

June 13 - 17

Sun Valley, Idaho

AOSSM

"Alvis View for Shoulder Impingement"

June 18 - 21

Sun Valley, Idaho

BRAZIL- KNEE ARTHOSCOPY (By invitation)

"Cartilage Lesion"

"ACL Reconstruction"

"Complications of ACL Reconstruction"

"Current Approaches to Old Problems"

Sao Paulo, Brazil

August 3 - 5

GRAND GROUNDS

OHIO STATE UNIVERSITY

October 13 - 15

SHOULDER, HIP & KNEE SURGICAL DYNAMICS

Key Largo, Florida

November 15 - 19

2001

AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS

San Francisco, California

February 28 – March 4

HUGHSTON SOCIETY

Columbus, Georgia

June 6 – 9

2002

ARTHROSCOPY AND RECONSTRUCTIVE SURGERY 2002

Salt Lake City, Utah

January 11-17

**INTERNATIONAL MEETING OF THE PATELLO FEMORAL
STUDY GROUP**

Rome, Italy

April 21-28

SICOT / SIROT XXII WORLD CONGRESS

“Classification of Shoulder Instability”

San Diego, California

August 23-30 2002

**34° Congresso Brasileiro de Ortopedia e Traumatologia SBOT
(By Invitation)**

“The Role of Arthroscopy in Arthritic Knee Treatment”

“The Role of Osteotomy in Treatment of Knee Arthritis”

San Paulo, Brazil

October 28 – November 2

2003

3rd Basel International Knee Congress, (by invitation)

“Anatomy of the Lateral Side of the Knee”

Basel Switzerland

January 25 - 29, 2003

2010

**Texas Society of Sports Medicine, in conjunction with the
Texas Orthopaedic Association Annual Meeting**

“A Perception of Knee Instability”

Grapevine, TX

April 22 – 24, 2010

2014

Global Alliance for Regenerative Medicine

Host - “Regenerative Medicine Symposium”

Roatan, Honduras

February 20, 2014

**2014-
Present**

Global Alliance for Regenerative Medicine
Founder and Chief Physician
www.garm.com.hk